



GEETHONJANAA  
HEAL BY NATURE

AYURVEDIC  
BEAUTY TREATMENT  
& MASSAGES



## PRICE LIST

### TRANQUILITY & STRESS RELIEF

#### *Aroma Full Body Massage*

A relaxing full-body massage using aromatic oils to relieve tension, stress, and muscle soreness. This treatment enhances blood flow and leaves you feeling calm and rejuvenated.

₹3000/60 mins

#### *Shirodhara*

A gentle stream of warm oil is poured onto the forehead, calming the mind and reducing stress. Shirodhara promotes deep relaxation, relieves tension, and enhances mental clarity.

₹4000/60 mins

₹2500/30 mins

#### *Shiroabhyangam, Ayurvedic Head Massage*

A relaxing scalp massage using herbal oils, relieving stress, improving circulation, and enhancing mental clarity. It calms the mind and promotes overall relaxation.

₹1200/30 mins

#### *Head, Neck & Shoulder Massage*

A massage focusing on the head, neck, and shoulders to relieve tension and muscle stiffness. It promotes relaxation, reduces headaches, and alleviates stress.

₹2500/40 mins

₹1500/30 mins

#### *Head & Face Massage with Herbal Face Pack*

A massage focusing on the head, neck, and shoulders to relieve tension and muscle stiffness. It promotes relaxation, reduces headaches, and alleviates stress.

₹1350/30 mins

#### *Foot Massage with Foot Reflexology*

An Ayurvedic foot massage that stimulates reflex points with herbal oils, improving circulation and reducing stress. It balances the body and promotes relaxation.

₹1500/30 mins

#### *Nasyam*

A nasal therapy that involves the application of medicated oils into the nasal passage to clear sinus congestion, improve respiratory health, and promote mental clarity.

₹1500/20 mins

OPEN *from*  
08 AM TO 06 PM

VANILLA  
COUNTY

WESTERN GHATS



## AYURVEDIC BEAUTY TREATMENT & MESSAGES

### PRICE LIST

#### REVITALIZATION & DETOX THERAPY

##### *Abhyangam*

A full-body Ayurvedic massage using warm herbal oils to rejuvenate the skin, soothe muscles, and promote relaxation. Abhyangam also helps to improve blood circulation and detoxify the body.

₹3200/75 mins  
₹2850/60 mins  
₹2300/45 mins

##### *Rejuvenation Massage with Steam & Bath*

A soothing full-body massage followed by a steam bath, designed to relax muscles, improve circulation, and detoxify the body. This treatment revitalizes your energy and restores balance.

₹4000/90 mins  
₹3500/60 mins

##### *Full Body Ayurveda Massage with Shirodhara or Podikizhi*

A full-body Ayurvedic massage with herbal oils, followed by either Shirodhara or Podikizhi. This combination relaxes the mind and body while promoting detoxification and circulation.

₹5500/90 mins

##### *Njavara Kizhi*

A nourishing treatment using warm herbal rice poultices that deeply rejuvenate the body. It soothes muscles, detoxifies the skin, and promotes overall well-being.

₹3000/60 mins

##### *Podikizhi*

Herbal poultices are used to massage the body, improving circulation, relieving muscle pain, and detoxifying the system. This treatment helps to relieve stress and fatigue.

₹2800/60 mins

##### *Udvarthanam with Steam Bath*

A body exfoliation treatment using herbal powders to stimulate circulation, reduce cellulite, and detoxify the skin. A steam bath follows to enhance cleansing.

₹2800/60 mins

##### *Pizhichil with Light Massage*

Warm, medicated oils are poured over the body in a continuous stream followed by a light massage. This treatment helps in muscle relaxation, detoxification, and rejuvenation.

₹4500/60 mins  
₹3500/45 mins

##### *Swedana - Steam Bath*

A detoxifying Ayurvedic steam bath designed to eliminate toxins, improve circulation, and relieve muscle tension. This treatment rejuvenates and refreshes the body.

₹900/20 mins

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# PRICE LIST

## RADIANCE & BODY INDULGENCE

### *Mukhakanthi, Ayurvedic Herbal Glow Facial*

₹2000/60 mins

A traditional Ayurvedic facial that uses herbal scrubs, oils, and packs to cleanse, rejuvenate, and nourish the skin, leaving it glowing and refreshed.

### *Ayurvedic Herbal Body Scrub*

₹4000/60 mins

An exfoliating body scrub using aromatic herbal powders and oils, followed by a steam bath. This treatment leaves the skin detoxified, smooth, and radiant.

### *Kesha Samrakshana, Herbal Hair Spa*

₹3000/60 mins

A nourishing hair spa treatment using herbal oils and a soothing head massage. It promotes scalp health, strengthens hair, and leaves your hair silky and revitalized.

### *Ayurveda Back Massage*

₹2000/30 mins

A therapeutic back massage using warm herbal oils to relieve tension and stiffness. It improves circulation, reduces back pain, and promotes relaxation.

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